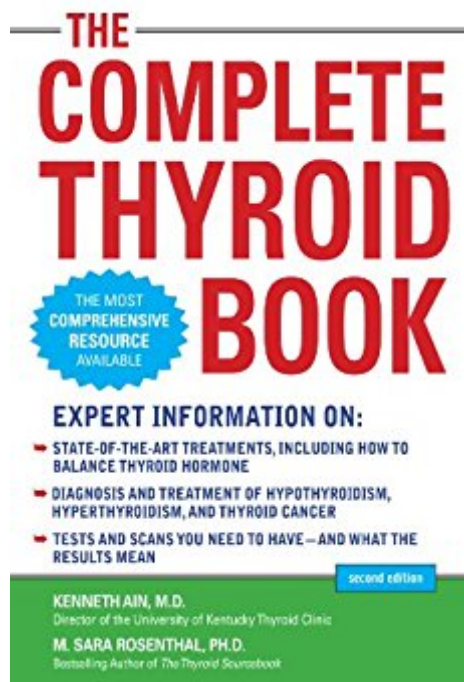




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The Complete Thyroid Book, Second Edition (All Other Health)



Synopsis

~ The only book you need to understand and treat your thyroid condition Combining the expertise of two pioneers in the field--world-renowned thyroid specialist Kenneth Ain, M.D., and bestselling thyroid author and bioethicist M. Sara Rosenthal, Ph.D.-- The Complete Thyroid Book provides all the essential information on the diagnosis, options, and treatment of thyroid disease. Completely updated with the latest research, this book provides a comprehensive look at tests, scans, and state-of-the-art therapies and treatments for every type of thyroid condition.~ The Complete Thyroid Book, now revised and updated, is your source for information on:~ Thyroid hormone and all other medications used in thyroid treatment Thyroid disease in special populations, including pregnant women, menopausal women, infants, children, and the elderly Nutrition, environmental issues, and public health This second edition of~ The Complete Thyroid Book gives you expert advice based on the latest research.

Book Information

File Size: 6536 KB

Print Length: 385 pages

Simultaneous Device Usage: Up to 4 simultaneous devices, per publisher limits

Publisher: McGraw-Hill Education; 2 edition (September 17, 2010)

Publication Date: September 17, 2010

Sold by:~ Digital Services LLC

Language: English

ASIN: B004323A1C

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #274,741 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #107

in~ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Thyroid Conditions

#1421 in~ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical

Ailments #87422 in~ Kindle Store > Kindle eBooks > Nonfiction

Customer Reviews

We love this book... The author is my wife's Dr... This is the smartest man I have ever met.... If you want to know anything at all about the thyroid.... this is your book....Get it!!!!

A very thorough description of the most common thyroid conditions and their diagnosis and treatment, and a good quick overview of related conditions that may affect the thyroid or be affected by the thyroid (it is very close to "complete"). Has a nice little section on the relationship between high cholesterol and hypothyroidism, something I have not seen elsewhere. But has very little information on the relationship between thyroid conditions and autoimmune diseases many of which have similar symptoms and can occur before or during Hashimoto's. There is only a mention of the ongoing controversy of when to treat subclinical hypothyroidism or for that matter thyroid disease in general (one of the reasons there are so many thyroid books on the market). The book can get a little heavy going in places. It could use examples to illustrate how test results for the various thyroid conditions relate to actual diagnosis. All these thyroid books could use a discussion on how lab ranges are computed. As always, one should recognize that the book represents the opinions of the authors which varies from other authors and reading several books on this subject matter is better than reading just one.

Great informational tool for people who learn about this disorder.

very informative and resourceful book. Wish I would have had this book a year before to prove I did have a thyroid problem regardless of "normal" functioning lab results! Great condition excellent delivery time

I got this for a friend of mine so she could read it before going to see her new Dr. It really prepared her for what to expect with her treatment.

My route to dx came through basal temps. It was not even mentioned here. Not sure I would call it 'complete'.

I've only had time to get 1/2 of the way through this book but it is grounded in real principals and an excellent book from which to learn more about exactly how the thyroid should function.

Great reading book I learned a lot from it had my thyroid out and wanted to learn more about it,

would recommend.

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